



## Helen M. Kulig

April 2, 1927 - February 15, 2026

Helen Mary (Horak) Kulig, 98, a lifelong resident of Chicopee, Massachusetts, passed away peacefully on February 15, 2026, surrounded by her loving family. Born April 2, 1927, she was the daughter of the late Frank and Mary (Berezowska) Horak, and a proud graduate of Chicopee High School. She was predeceased by her beloved husband, John J. Kulig, and seven siblings. She is survived by her loving children, Linda Lavigne and partner Daniel Bressette of Palmer, Diane Lounsbury and husband Bob of Wilbraham, and Richard J. Kulig of Chicopee. She leaves her cherished grandchildren, Eric and Rachel Smith and Jonathan and Hope Lounsbury, as well as three great-grandchildren, Damian Smith and Harrison and Caroline Lounsbury, several nieces and nephews, her brother Mike Horak and his wife Irene, and a special niece, Barbara Kulig. Helen enjoyed knitting and had a keen interest in fashion, but her greatest priority was always her family. She devoted her life to caring for her disabled son, Richard, whose happiness and well-being meant everything to her. Her love extended equally to all her children and grandchildren, whom she adored and spoiled every chance she got. She shared a close bond with her granddaughter Rachel, who lived with her, as well as her daughters Linda and Diane, each of whom held a special place in her heart. Rachel always looked to her as a second mother and Linda considered her mother her closest friend. They spent many hours together, including weekly shopping trips to Macy's and vacations at Hampton Beach. Helen will be remembered as a gentle and loving soul whose kindness,

devotion, and generosity defined her life. Together, John and Helen built a family deeply rooted in love. While their absence is a profound loss to the family, the example they set and the love they shared will never be forgotten. They will be deeply missed. The family extends heartfelt thanks to Baystate Hospice for their compassionate care and support. A private family service will be held to honor Helen's life.